



### Director's Note

At NSNU, we believe every senior citizen deserves to live with dignity, honour, and a sense of belonging. Ageing is not a loss of value but a stage of life enriched by wisdom, experience, and continued contribution.

We are committed to creating spaces where older adults are respected, their rights are upheld, and their voices are heard. Dignified ageing goes beyond care = it includes independence, purpose, emotional well-being, and meaningful participation in society. Together, we strive to build communities that celebrate senior citizens, recognize their contributions, and ensure they continue to live with respect, security, and dignity.

### May at NSNU: **Two Years of Purpose, One Month of Impact**

#### Noida Celebration

NSNU marked its 2nd Anniversary with a heartfelt celebration at Quality Old Age Home, Noida. Through music, prayer, and shared moments of joy, the gathering brought together residents and volunteers to celebrate companionship, care, and community.



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## Lucknow Celebration

The celebrations continued in Lucknow, where NSNU spent a joyful day with 150 children at Omaxe Creche and School. The little ones lit up the event with performances and laughter, sharing meals and memories that embodied the spirit of togetherness.



## Growing Together: Adding **Five New Chapters** to Our Journey

We cannot do this without your support, and as we begin to grow, we would like more like minded folks to join us in make this dream a reality.

We call interns who can help us in realising this dream of adding five more chapters that will help us create spaces of dignity and respect for our elderly and senior citizens.

Anyone who is interested to join this journey can connect with us :  
nsnu1964@gmail.com, 9717734099

### Be Part of the NSNU Family

Your support helps us create moments of care, companionship, and belonging for our elders. Together, we make every smile count.

*Your support keeps our going - to donate please visit - [NSNU website](#)*